

**TEMPLETON MIDDLE SCHOOL
8TH GRADE PHYSICAL EDUCATION**

Goals

- To have fun daily
- Participate in a variety of individual and team activities
- Increase overall fitness level through daily push-ups, pull-ups, crunches, stretches, and fitness runs

To accomplish these goals each student must dress out daily and participate in every activity.

Activities

The following schedule includes three-week units. It is possible the dates and activities could change throughout the year.

Semester 1	Activity	Semester 2	Activity
August 24-25	Introduction	January 25-February 11	Pickleball [courts]
August 26-September 11	Volleyball [courts]	February 16-March 4	Track-n-Field [THS]
September 14-October 2	Flag football [field]	March 7-25	Ultimate Frisbee [field]
October 5-23	Badminton [gym]	April 4-April 22	Hockey [courts]
October 26-November 13	Basketball [courts]	April 25-May 13	Softball [field]
November 16-December 14	Soccer [field]	May 16-May 31	Multi Gym Games [gym]
December 15-18	Finals	June 1-6	Finals
January 4-22	Fitness/Aerobics [gym]		

A variety of activities are planned for rainy days, so be ready to be flexible.

Dress

All students must be dressed out in the appropriate TMS PE uniform (grey shirt and green shorts). These are purchased in the TMS school library. Sweats may be necessary during colder weather; they can be grey, green or white (school colors).

Grades

Students will earn 5 points per day. Points will be deducted for non-participation, lack of effort, and not dressing in the school PE uniform. Only a note from a ***DOCTOR MAY FULLY EXCUSE PARTICIPATION*** (please read the student handbook). If a student is not able to participate fully in PE they will be required to walk the entire period or complete a written assignment. Grades are sent home every semester, but can be accessed on Powerschool. The fitness grading scale is on the back of this paper.

Above 93% = A	90%-92% = A-	87%-89% = B+	83%-86% = B
80%-82% = B-	77%-79% = C+	73%-76% = C	70%-72% = C-
67%-69% = D+	63%-66% = D	60%-62% = D-	Under 60% = F

Tardy Policy

A student will be marked tardy if they are not in their proper place in the roll call line and suited-out, 5 minutes after the tardy bell.

Final

There will be a 100 point final at the end of each semester. This final includes a 50 point multiple choice test and a 50 point mile run.

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